



A natural formula of herbs, vitamins, minerals and amino acids that support the cleansing and detoxification needs of athletes.

PowerCLEANSE
The Cleanse of Champions!

- Two part formula - Organ Detox & Colon Cleanse
- Thirty day program

Why do athletes need to cleanse?

Athletes, like everyone else, can benefit from internal cleansing. Athletes, in general, have two characteristics that may make them particularly interested in internal cleansing. First, they often consume large amounts of protein which may affect natural elimination. Secondly, they often consume a lot of nutritional supplements which can place an additional load on the liver as it tries to process these nutrients. A cleanse program that supports healthy liver functions and also supports colon elimination may be beneficial.

What is different about PowerCLEANSE?

PowerCLEANSE is an easy-to-use, two-part cleanse program that contains minerals, vitamins, herbs and amino acids that have long been used to support natural detoxification and internal cleansing functions. Part I (organ support formula)

contains ingredients to support healthy liver functions and detoxification. Part II (colon cleansing formula) contains herbs and minerals to support healthy elimination. This thirty day program can help you feel healthy, rejuvenated and energetic.

Supplement Facts - PowerCLEANSE Part I

Serving Size: 2 Capsules

	Amount per Serving	% Daily Value
Vitamin A (as vitamin A acetate)	2500 IU	50%
Vitamin C (as ascorbic acid)	240 mg	400%
Vitamin E (as d-alpha tocopheryl succinate)	25 IU	83%
Riboflavin	20 mg	1176%
Niacin (as inositol hexanicotinate)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Folic acid	800 mcg	200%
Vitamin B12	100 mcg	1666%
Zinc (as zinc citrate)	8 mg	53%
Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper gluconate)	1 mg	50%
Manganese (as manganese aspartate)	8 mg	400%
Proprietary herbal blend	160 mg	
Garlic bulb (Allium sativum)	1500 ppm allici	†
Dandelion root (Taraxacum officinale) 4:1*		†
Artichoke root and leaf (Cynara scolymus) 4:1*		†
Turmeric root (Curcuma longa) 95% curcumin**		†
Milk Thistle seed (Silybum marianum) 80% silymarin**		†
Choline (as choline bitartrate)	100 mg	†
L-Methionine	100 mg	†
L-Taurine	100 mg	†
NAC (N-Acetyl-Cysteine)	50 mg	†
† Daily Value not established *powdered extract ** standardized powdered extract		

Supplement Facts - Part II

Serving Size: 2 Capsules

	Amount per Serving	% Daily Value
Magnesium (as magnesium hydroxide)	230 mg	58
Proprietary Blend	850 mg	
Cape Aloe gel (Aloe ferox)		†
Rhubarb root (Rheum officinale)		†
Slippery Elm bark (Ulmus rubra)		†
Marshmallow root (Althaea officinalis)		†
Fennel seed (Foeniculum vulgare)		†
Ginger root (Zingiber officinale)		†
Triphala (a blend of Indian Gooseberry fruit, Belleric myrobalan fruit, and Tropical Almond fruit)		†
† Daily Value not established		

References:

- 1) PDR For Herbal Medicines, 1998
- 2) Encyclopedia of Natural Medicine, 1991, Michael T. Murray, N.D.; Joseph E. Pizzomo, N.D.
- 3) The Detox Diet, Elson M. Haas, M.D.
- 4) Prescription for Nutritional Healing, James F. Balch, M.D., Phyllis A. Balch, C.N.C.
- 5) The Body Ecology Diet, Donna Gates

These statements have not been approved by the FDA. These products are not intended to treat, cure, diagnose or prevent disease.



2076 Sunnysdale Blvd. • Clearwater, FL • phone: 800-830-4778
fax: 866-594-5468 • website: www.renewlife.com • e-mail: support@renewlife.com