



# FloraMORE™

## The Advanced Probiotic That Gives You *More*:

- **More cultures per capsule**
- **More probiotic support with F.O.S.**
- **More digestive tract support with L-Glutamine & N.A.G.**

### What are probiotics?

The term “probiotic” means supporting life. Probiotics are friendly and beneficial bacteria. Although there are hundreds of different strains of bacteria that live in the digestive tract, beneficial bacteria are generally placed in two categories: lactobacillus acidophilus and bifidobacterium bifidum. These bacteria are normal inhabitants of the large and small intestines. They provide many health benefits.

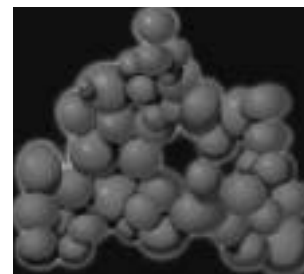
### Why are probiotics so important?

- Probiotics reduce the levels of harmful bacteria such as E.Coli and Salmonella by producing metabolic end-products that inhibit or antagonize them. These compounds include hydrogen peroxide, lactic and acetic acids.
- Inhibiting levels of microbial pathogens: L. Acidophilus may inhibit pathogens by lowering the pH in the intestines. The production of organic acids effectively lowers intestinal pH to a level that is beneficial to good bacteria and destructive to pathogens.
- Preventing establishment of harmful fungus and parasites: L. Acidophilus and B. Bifidus aggressively attach themselves to the walls of the colon. In doing so, they may inhibit Candida albicans, bacteria and the parasite Giardia lamblia.
- Lowering levels of toxic by-products: Harmful bacteria can produce toxins, such as indole, skatole, and methane because of their metabolic reaction to certain foods. Reducing their numbers may lower toxin levels in the colon.
- Assist in digestion of lactose: Clinical studies have shown that L. Acidophilus assists the body's natural process of digestion, particularly lactose and dietary carbohydrates.
- Synthesizing important B vitamins: Probiotics have been found to be beneficial in the synthesis of folic acid, niacin, pantothenic acid, and biotin.



### How does FloraMORE give you MORE?

Probiotics like L. Acidophilus and B. Bifidum as well as other beneficial bacteria help to establish a healthy bacterial balance in the colon. FloraMORE is uniquely formulated with L-glutamine (an amino acid) and N-acetyl-D-Glucosamine (an amino sugar). These ingredients are thought to support the replacement of mucosal linings like those found in the digestive tract (where acidophilus lives). FloraMORE also contains F.O.S. (fructooligosaccharides), a carbohydrate that supports growth of beneficial bacteria.



Candida

## Comparison of leading probiotic products:

	FloraMORE	Product A	Product B
Cultures per capsule (at time of manufacture)	6 billion	2.9 billion	1.5 billion
Naturally resident strains only	Yes	No	Yes
F.O.S.	Yes	No	No
N-Acetyl Glucosamine	Yes	No	No
L-Glutamine	Yes	No	No

### Which Probiotics are best?

Strains that naturally occur in the human digestive tract are called resident strains. Strains that do not naturally occur are called transient. Acidophilus and B. Bifidum are common resident probiotics. Other resident strains are Lactobacillus Salivarius, Bifidobacterium Infantis, and Bifidobacterium Longum. While transient strains may offer some of the same benefits of resident strains, naturally occurring flora are known to work in harmony with each other, and they will stay and grow in the intestines, while transient strains leave with normal evacuation. FloraMORE contains only those strains that naturally occur in the human digestive tract.

### Additional Ingredients:

- **F.O.S. (Fructooligosaccharides)** is a complex soluble fiber that acts as a food for probiotics, especially bifidobacteria. In human studies, consumption of F.O.S has been shown to increase levels of bifidobacteria and lower stool pH. These studies suggest an increase in numbers of good bacteria in the colon.
- **L-Glutamine** is an amino acid. It has been shown to help the body's natural process of rebuilding the digestive tract. Oral supplementation of L-glutamine is thought to inhibit adherence of candida albicans on digestive surfaces.
- **N-Acetyl Glucosamine** is an amino acid found in all tissues of the body and in large quantities in healthy digestive membranes. Supplementation with N.A.G. is thought to benefit digestive functions by assisting the natural regeneration of digestive cells.

<b>Supplement Facts</b>		
Serving Size 2 Capsules		
	Amount per Serving	% Daily Value
FloraMore proprietary blend	200 mg	
Lactobacillus acidophilus		†
Lactobacillus salivarius		†
Bifidobacterium bifidum		†
Bifidobacterium infantis		†
Bifidobacterium longum		†
FOS (fructooligosaccharides)	200 mg	†
L-Glutamine	200 mg	†
N-Acetyl D Glucosamine	50 mg	†
† Daily Value not established		
Contains approximately 6 billion organisms per capsule at time of manufacture.		
Contains 120 million organisms per capsule at time of expiration, if properly stored.		

These statements have not been approved by the FDA. These products are not intended to treat, cure, diagnose or prevent disease.



**60 Capsules**



**120 Capsules**

#### References:

- 1) PDR For Herbal Medicines, 1998
- 2) Encyclopedia of Natural Medicine, 1991, Michael T. Murray, N.D.; Joseph E. Pizzorno, N.D.
- 3) Probiotics - Nature's internal Healers, Natasha Trenev
- 4) Prescription for Nutritional Healing, James F. Balch, M.D., Phyllis A. Balch, C.N.C.